

March Lunch Menu 2010



<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
1 Breaded Pork Chop 3 oz. Bread 1 slice Mashed Sweet Potatoes ½ cup Green Beans ½ cup	2 Baked Chicken & Penne 3 oz. Pasta ½ cup Bread 1 slice Salad ½ cup Mandarin Oranges ½ cup	3 Fried Chicken Tenders 3 oz. Bread 2 slices Cooked Carrots ½ cup Canned Apples ½ cup	4 Meatloaf 3 oz. Bread 2 slices Green Beans ½ cup Pears ½ cup	5 Country Fried Steak 3 oz. Bread 2 slices Stewed Tomatoes ½ cup Fruit ½ cup
8 Chicken Cordon Blue 3 oz. Bread 2 slices Broccoli Casserole ½ cup Fruit ½ cup	9 Hamburgers 3 oz. Bun 2 slices Peas ½ cup Bananas ½ cup	10 Egg, Ham, Cheese Casserole 3 oz. Biscuits 1.8 oz Baked Apples ½ cup Peaches ½ cup	11 Chicken Parmesan 3 oz. Bread 2 slices Cauliflower w/butter ½ cup Pineapple Chunks ½ cup	12 Turkey & Gravy 3 oz. Bread 2 slices Mixed Vegetables ½ cup Applesauce ½ cup
15 Chicken 3 oz. Dumplings ½ cup Bread 1 slice Salad ½ cup Baked Apples ½ cup	16 Beef 3 oz. Ravioli ½ cup Bread 1 slice Coleslaw ½ cup Mandarin Oranges ½ cup	17 Ham w/Glaze 3 oz. Bread 2 slices Au Gratin Potatoes ½ cup Fruit ½ cup	18 Chicken BBQ 3oz. Bun 2 slices Potato Salad ½ cup Canned Apples ½ cup	19 Cheese Quesadillas 3 oz. Shell 1.8 oz. Salad ½ cup Peaches ½ cup
22 Beef Chili 3 oz. Spaghetti ½ cup Bread 1 slice Green Beans ½ cup Mandarin Oranges ½ cup	23 Baked Chicken Breast 3 oz. Bread 2 slices Roasted Vegetables ½ cup Applesauce ½ cup	24 Chicken Tetrizzini 3 oz. Noodles ½ cup Bread 1 slice Fresh Broccoli ½ cup Bananas ½ cup	25 Fish Nuggets 3 oz. Bread 2 slices Peas ½ cup Pears ½ cup	26 Sloppy Joes w/sauce 3 oz. Bun 2 slices Salad ½ cup Baked Apples ½ cup
29 Meat Sauce 3 oz. Spaghetti ½ cup Bread 2 slices Peas ½ cup Fruit ½ cup	30 Red Beans 3 oz. Rice ½ cup Bread 1 slice Caesar Salad ½ cup Pineapple Chunks ½ cup	31 Chicken Ranch Wrap 3 oz. Green Beans ½ cup Peaches ½ cup		Meals provided by The Catering Company (502) 243-0000 All meals served with 8 oz. of Milk