

March 2010

	<i>Mon</i>	<i>Tues</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>
AM	1 Hashbrown 1 ea. Milk 1 cup	2 Toasted Wheat Bread 1 slice w/S.F. Jelly Apple Juice ½ cup	3 Apples ½ cup Honey Grahams IS 1 pk. Ice Water	4 Fresh Bananas ½ cup Graham Crackers 2 sheets Ice Water	5 Cereal IS Bowl Milk 1 cup
PM	Tortilla w/Cream Cheese Grape Juice ½ cup	Trail Mix ½ cup Fruit Juice ½ cup	Wheat Crackers 8 ea. Cheese 1 1/2 slices Ice water	Melon Chunks ½ cup Cottage Cheese ¼ cup Ice Water	PB/Cheese Crackers 1 IS pkg. Grape Juice ½ cup
AM	8 Mandarin Oranges ½ cup Van-Wafers 9 ea. Ice Water	9 Bagel 1 slice Berry Juice ½ cup	10 Biscuit 1 slice W/Apple Butter Cherry Juice ½ cup	11 Warm Oatmeal ½ cup Milk 1 cup	12 Plain Pop-Tart 1 ea Tangerine Juice ½ cup
PM	Applesauce ½ cup Milk 1 cup	Cube Cheese 1 oz. Tomato Juice 1 can	Diced Pears ½ cup Wheat Thins 1 oz. Ice Water	Snack Crackers 7 ea. w/ Ranch Cranberry Juice ½ cup	Pretzels 10 ea. w/ Nacho Cheese Fruit Punch ½ cup
AM	15 Graham Crackers 2 sheets Milk 1 cup	16 WW Toast 1 slice Orange Juice ½ cup	17 Pineapple Chunks Grah. Crackers 2 sheets Ice Water	18 Fruit Cocktail ½ cup Cinn. Grahams 1 pk. Ice Water	19 Waffle 1 ea Strawberries ½ cup Ice Water
PM	String Cheese 1 oz. Blue Rasp. Juice ½ cup	Cheddarfetti 1 pkg. White Grape Juice ½ cup	Pretzel Rod 1 ea w/ Ranch Dip Wh. Grape Juice ½ cup	Cheetos 1 bag Tomato Juice 1 can	Dino-Bite Grahams 1 IS pkg. Peach Juice ½ cup
AM	22 Strawberries ½ cup Milk 1 cup	23 Eng. Muffin w/Jelly 1 slice Raspberry Juice ½ cup	24 Plain Yogurt 4 oz. Cherries ½ cup Ice Water	25 French Toast Stix 3 ea. Blueberries ½ cup Ice Water	26 Cheerios IS Bowl Milk 1 cup
PM	Sport Grahams 1pkg Cherry Juice ½ cup	Wheat Thins 1 oz. Cube Cheese 1 oz. Ice Water	Peanut Butter 2 tbsp. Bread 1 slice Ice Water	Cucumbers ½ cup w/ Ranch Dip Wheat Thins 1 oz. Ice Water	Cheddar Whales 1 pk. Clear Grape Juice ½ cup
AM	29 Cantaloupe/Honeydew Wedges ½ cup Milk 1 cup	30 Peaches ½ cup Cottage Cheese ¼ c Ice Water	31 Biscuit 1 slice w/gravy Cherry Juice ½ cup		
PM	Tortilla w/Cream Cheese Grape Juice ½ cup	PB/Cheese Crackers 1 IS pkg. Grape Juice ½ cup	Animal Crackers 1 oz. Cherry Juice ½ cup		